

THANKSGIVING AFTER MASS

The prayer below, composed by St. Thomas Aquinas, is prayed by the altar servers after each Mass. The congregation is invited to remain and pray it with them.

I give thanks to Thee, holy Lord, Father almighty, eternal God, Who hast deigned, through no merit of mine, but through Thy mercy alone, to satisfy me, a sinner, Thine unworthy servant, with the precious Body and Blood of Thy Son, Our Lord, Jesus Christ.

I pray that this Holy Communion may not be to me a cause of punishment, but a saving surety for forgiveness. May it be to me the armor of faith and the shield of good will. May it be the emptying of my vices and the extermination of covetousness and passion; an increase of charity and patience, of humility and obedience, and of all the virtues.

May it be a firm defense against the snares of all enemies, visible and invisible; a perfect quieting of my emotions, both fleshly and spiritual; a firm adherence to Thee, the one true God; and a happy completion of the end of my life.

I pray Thee, that Thou wouldst deign to lead me, a sinner, to that ineffable banquet, where Thou, together with Thy Son and the Holy Ghost, art to Thy saints true and unfailing light, fullness of contentment, everlasting joy, complete gladness, and perfect happiness.

Through the same Christ our Lord. Amen

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